

Short Statured People of Australia

SSPA seeks to empower, assist and represent people of short stature. To enable individuals to assert their right to live, participate and be productive members of the community, & by doing so maximise their potential as valued citizens.

About us

- Provide support and information for people with conditions of short stature, their families and other interested members of the community.
- Supported by volunteers who educate the community, provide peer and parent support, participate in programs that benefit the short statured community and promote the achievements of people with short stature.



SSPA Membership entitlements

- Quarterly issues of SSPA National Journal;
- Discount fees to attend SSPA National Convention; travel subsidies may be available to attend SSPA National Convention
- Opportunities to access the expertise from a range of medical and health care professionals on the SSPA's Professional Advisory Board (PAB).
- Access to Careers and Vocational Guidance Fund.
 (Assistance is given at the discretion of the trustees.)
- Opportunities to participate and compete in a range of national and international sports; and to participate in artistic programs through the Short Arts Collective.

<u>Conventions</u> are held annually and hosted by a different state in Australia. They consist of structured events designed to provide short statured individuals and their families with a unique and important opportunity to:

- gain highly specialised medical and health assistance & be informed about the latest medical research
- participate in workshops & develop social support networks
- extend the range of experiences and activities for individuals of short stature & build confidence and self-esteem to positively achieve in the broader community



SUPPORT

GUIDANCE

NETWORKING

CONFIDENCE

BELONGING

SELF-ESTEEM



SUPPORT For children, teenagers and adults

- assistance with education & career opportunities
- advice re: clothing, shoes, car pedal extensions & Government assistance e.g. NDIS
- advice re: schooling issues and concerns
- medical and health care information
- personal development; e.g. self-confidence building, sporting opportunities & artistic development





SUPPORT For parents

- personal counselling & peer support
- sharing of knowledge & information
- fellowship & networking opportunities
- new parent information resources
- medical and health care advice and information





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