

Meredith Young - Vic



Hi I'm Meredith,

I'm 45 and live in Melbourne with my husband, Tom, and Pepper, our Cavoodle. I'm a proud woman with Achondroplasia who is honest, caring and reliable.

I work as a Senior Education Officer where I help schools and students to navigate the pathways of senior secondary education.

I have a passion for learning and giving back to communities. I enjoy helping others grow and believe that sharing life experiences can help shape us into the people we are.

I have a love of sport – mainly spectating these days but prior to spinal surgery I'd be running, in the gym or playing a team sport. I had the honour of captaining the first Australian World Dwarf Games team in 2009 where we exceeded expectations in Belfast.

I'm an advocate and a strong believer in equality, striving to breakdown stereotypes and create awareness of dwarfism. I've had the privilege of volunteering for the SSPA for many years and was awarded a life membership in 2012.

My proudest achievements include the initiation of Australia's first World Dwarf Games team and successfully gaining the Australian government's recognition of October as Dwarfism Awareness Month in 2012.

I'm excited about this program and helping others. Living with dwarfism is unique. Our daily lives involve constantly being noticed. I've had many mentors who have helped shape me into the person I am, and I hope to be able to pass these learnings and experiences onto someone else.